

DNA

G R O U P

INTRO

The ideal size is three. This makes it easier to coordinate schedules, to keep the meeting to a reasonable time limit, and to allow adequate time for everyone to share and be prayed for. Make sure your group is consistent (meet even if one person can't come) and confidential.

FORMAT (60-90 minutes)

CONVERSATION (¾ of the time)

1. Encourage one another to keep relying on God's grace and the power of the Holy Spirit to live as new creations (2 Cor. 5:17).
2. Encourage one another by speaking the truth in love (Eph. 4:15).
3. Encourage one another to be candid and concise, avoiding long stories that eat up time and often distract from the real issues.
4. Encourage one another by focusing on gospel-oriented questions and avoiding advice giving.
5. Encourage one another by addressing blind spots.
6. Encourage one another to be doers of the word, not just hearers (James 1:22).
7. Take notes and write down goals to be met or actions to be taken in the coming week.

PRAY (¼ of the time)

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GOSPEL SHEPHERDING

1. What does repentance look like?
2. What would redemption be for you?
3. What is preventing that from happening?
4. What is your sin in the situation?
5. What is the sin behind the sin?
6. How does that make you feel? (emotions lead to belief)
7. What lie are you believing?
8. What does the Word of God say about this?
9. How does the gospel apply to this situation?
10. What does it look like for you to pursue unity with others?

LIFE TRANSFORMATION QUESTIONS

1. DISCOVER (HEAD)

1. Both before and during the meeting, study a passage together, and ask the 4 Questions.
 - a. Who is God?
 - b. What has he done?
 - c. Who are we in light of that?
 - d. How do we live?
2. Share what has God been teaching you?
3. Where did the Spirit lead you to repentance & faith this week?
4. How have you struggled with sin/unbelief this week?
 - a. Anger, bitterness, or unforgiveness?
 - b. Damaging another by negative speech or actions?
 - c. Sexual purity?
 - d. Being dishonest, lazy, or resentful at work?
 - e. Stewarding money: tithes and offerings, debt, stealing, wasting money, coveting?
 - f. Steward of physical health: rest, diet, exercise?
 - g. Steward of time?
 - h. Addiction: food, tech, alcohol, drugs, etc.?

2. NURTURE (HEART)

1. Listen for the heart as each person shares during the Discover Step
2. Utilize gospel shepherding questions (see Appendix 5 & 6)
3. Utilize X-Ray questions (see Appendix 7)
4. Speak the truth in love (see Appendix 8)
5. Utilize the 4 Questions to help you go from "fruit to root" (see appendix 9)

3. ACT (HANDS)

1. Listen to the Spirit together and obey as he calls you to bear fruit in keeping with repentance.
2. Ask the Spirit, "What do you want me to do?" and "Who do you want me to tell?"
3. Consider the following questions:
 - a. Which spiritual disciplines could I make greater use of? (prayer, fasting, private worship, etc.)
 - b. How is it going with pursuing people far from God?
 - c. How is going with the people I'm discipling?
 - d. How is it going with those among "the least" that I am spending time with?
 - e. How am I exercising my spiritual gifts and natural talents to serve in my church?